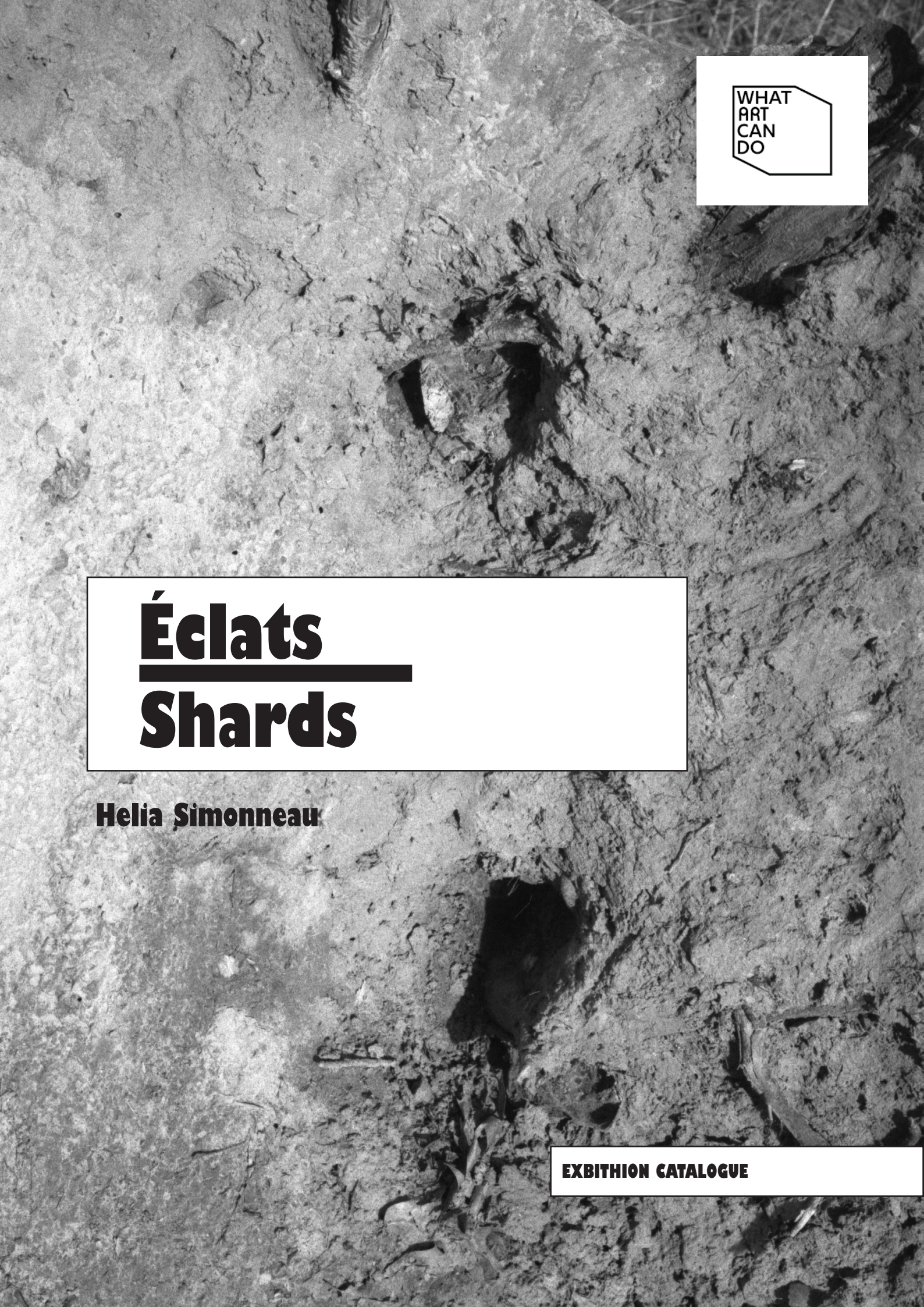




WHAT
ART
CAN
DO

Éclats

Shards

Helia Simonneau

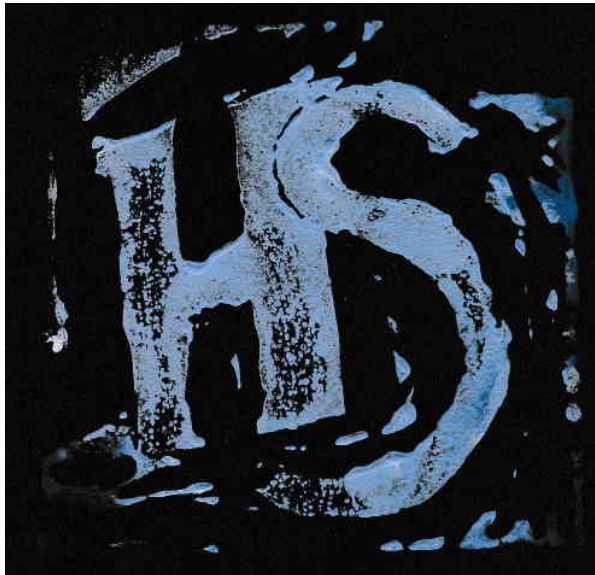
EXBITHION CATALOGUE

SHARDS

@heliasim

Shards are the crumbs, the fragments, what remains when everything explodes. We must continue when what has always been there shatters and scatters. **Fragility becomes the driving force for reinvention.** I explored the cracks and breaches of human beings, to create a portrait of their vulnerability and emotions. **I used photography not as an end, but as an act, where the creative process is more important than its result.** I destroyed, burned, and reused images, photographed irregular textures. **My work serves to see human fragility as a way to position ourselves against the grain of a rigid, structured world.**

heliasimonneau1@gmail.com



BIOGRAPHY

Hélia Simonneau is a third-year photography student at **ESA Le 75 in Brussels**, where she learned analog photography. Originally from the south of France, she studied fashion at **Lycée Hemingway in Nîmes** an experience that sparked her fascination with **textures and materials**. She obtained a DNMADE in Fashion and Image in 2023.

Her photographic work seeks to convey this attraction through a focus on the cracks, **fissures**, and **fragilities** of the world. **The tension between strength and vulnerability** is a recurring theme in her practice.



She explores reconstruction within her images, sometimes using mixed techniques that combine her interest in drawing, painting, and fashion. Photography thus becomes a space for experimentation.

Her first exhibition took place in **June 2025 at the Maison des Arts de Schaerbeek**, as part of her studies, where she presented a selection from her project Hannya.

Serie : **Murmur**

“The skin envelops and embodies the person (...). Its texture, its complexion, its scars, its particularities (moles, wrinkles, etc.) create a unique landscape. It preserves, like an archive, the traces of individual history, like a palimpsest to which only the individual holds the key.”

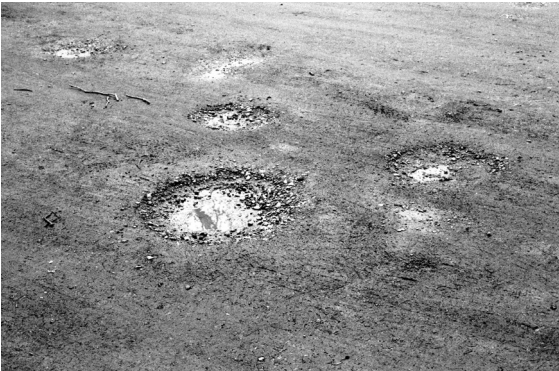
David The Breton.

My work explores the **relationship between skin and the earth through scars and marks**. The skin carries a story told by scars resulting from burns, surgeries, falls... Often hidden or feared, they tell a story without revealing too much. They are the writing of the body, whispering moments of vulnerability. In the same way, the earth bears witness to its history through marks such as cracks and crevices. My photographs seek to represent fragility and resilience. I photographed loved ones and met people. I captured scars as if they were landscapes while highlighting the physical aspect of the earth. The correspondence of skin fragments with fragments of earth highlights the world’s capacity to rebuild and regenerate itself.

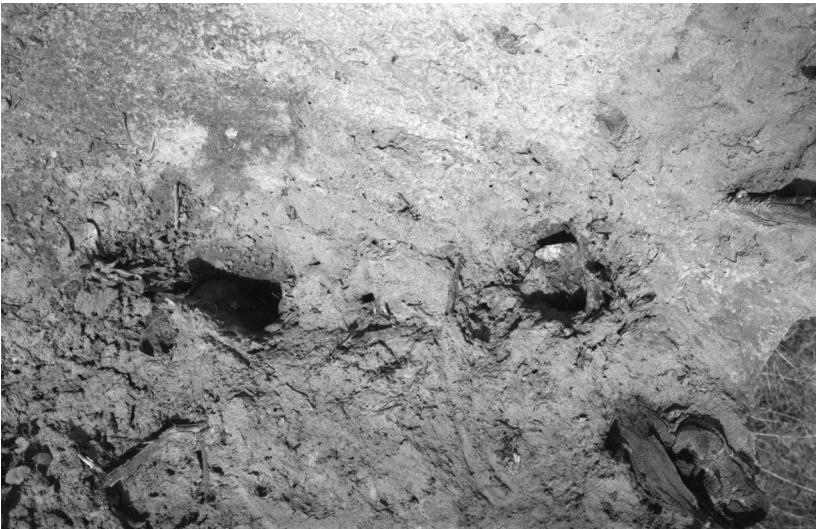


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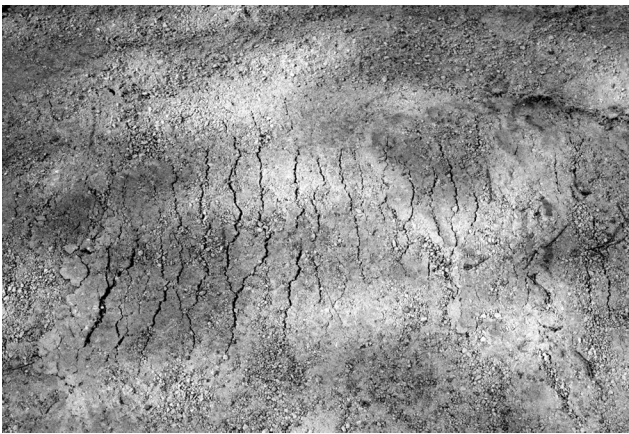


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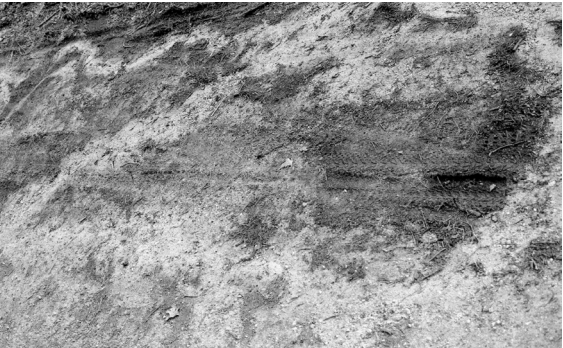
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Harsh Ground

The fog guided my gaze, revealing random textures and shadows, which appear as fragments of reality. I wanted to represent intimacy through organic materials, unstable presences. Misty landscapes become inner landscapes. Landscapes that can be damaged, but are also gentle.

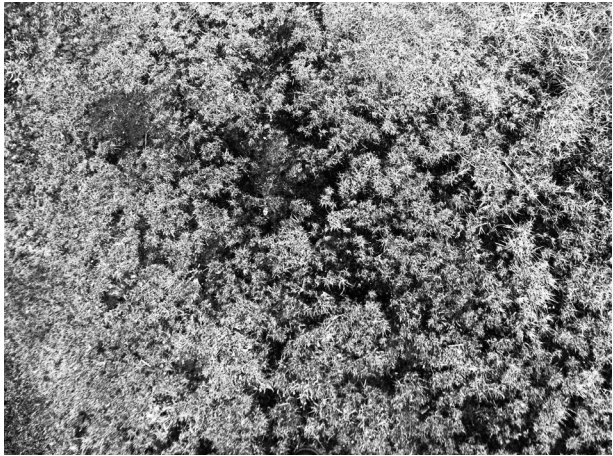
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Hannya

Hannya, a Japanese demon from Noh theater. Originally a woman wounded by her husband or men, she transforms into a vengeful creature. Consumed by her emotions and obsessions, she constantly struggles. This photographic project explores female anger and its outbursts, often repressed and stifled. Here, photography becomes an act of release, a space where emotional excesses can be fully expressed. The destroyed negatives bear witness to an explosive rage, coexisting with calmer images in an attempt to find balance within the destruction.



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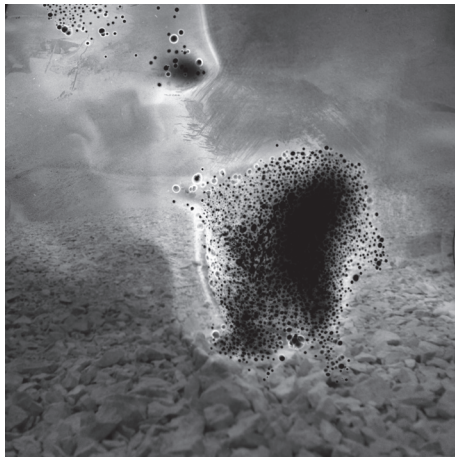
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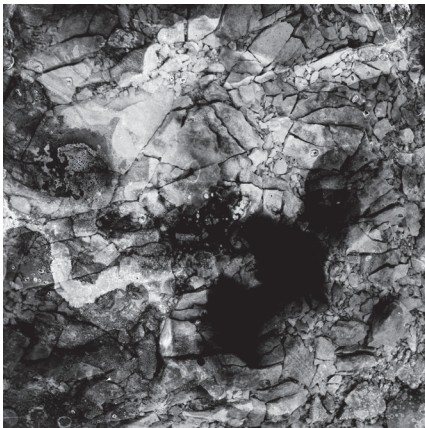
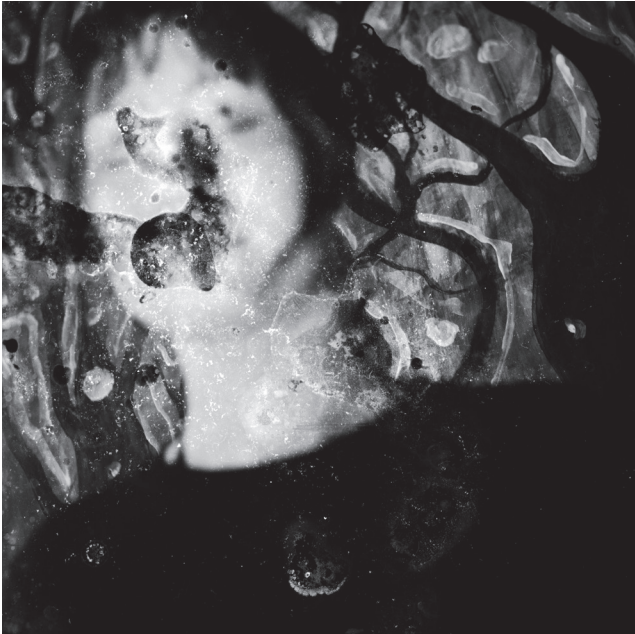
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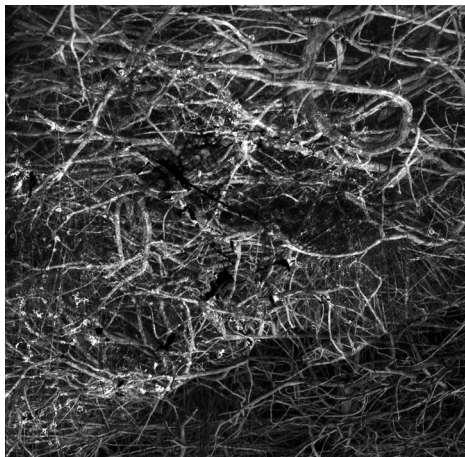
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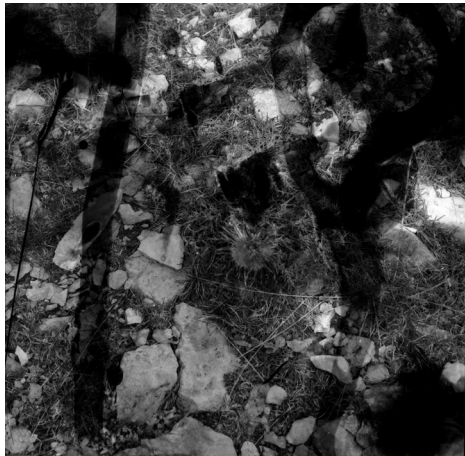
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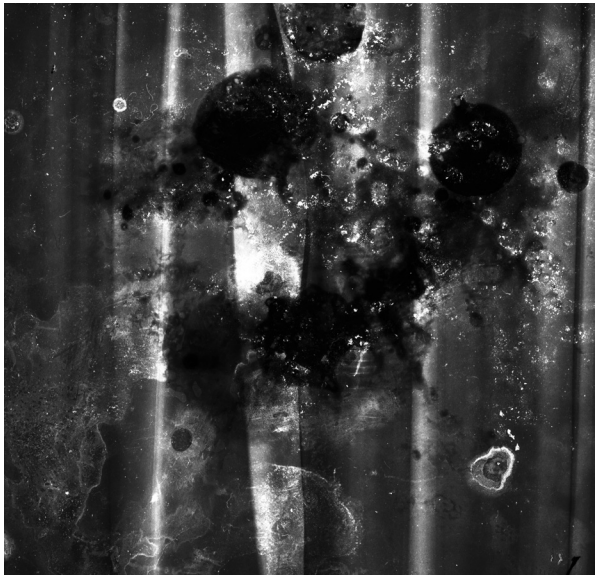
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